



Balanced  
**FITNESS**

# Merchandise Now Available!

## Featured Items.

- Tank Tops \$31.50
- T-Shirts \$33.50
- Mugs \$6.00
- Pens \$1.50



"Unless you puke,  
faint or die, KEEP  
GOING!"

"Never throw in the  
towel. Use it to  
wipe off the sweat.  
Then keep going!"



"It never gets easier,  
you just get stronger!"

"The difference  
between TRY and  
TRIUMPH is a little  
UMPH!"



"Don't wish for it.  
Work for it!"

For more information,  
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